



CENTRAL
DISTRICT
HEALTH

2019 Novel Coronavirus [COVID-19]

cdh.idaho.gov/dac-coronavirus | cdc.gov/coronavirus/2019-ncov/index.html

Updated March 26, 2020

Recommended Guidance for COVID-19 Testing

Background

SARS-CoV-2 is a novel coronavirus that has emerged and caused coronavirus disease (abbreviated as COVID-19). Public health experts continue to learn about SARS-CoV-2, but based on current data and similar coronaviruses, spread from person-to-person happens most frequently among close contacts (those within about six feet) via respiratory droplets. Transmission of SARS-CoV-2 to persons from surfaces contaminated with the virus has not been documented yet, but current evidence suggests that SARS-CoV-2 may remain viable for hours to days on surfaces made from a variety of material. One primary measure discussed in this guidance will be cleaning of visibly dirty surfaces followed by disinfection – a best practice for prevention of COVID-19 and other viral respiratory illnesses.

Purpose

This CDC guidance provides recommendations for individuals in need of COVID-19 testing. The CDC has [indicated](#) that ***not everyone needs to be tested for COVID-19***. This resource should be used to help the public make informed decisions about seeking care or testing.

The CDC [expects](#) widespread transmission of COVID-19 in the United States will occur, with most of the population having been exposed to the virus.

- Most people have mild illness associated with COVID-19.
- There is no treatment specifically approved for this virus.
- Testing results may be helpful to inform decision-making about who you come in contact with.

Healthcare professionals should utilize the [CDC guidance](#) for who should be tested, but decisions about testing are at the discretion of individual clinicians.

Definitions

COVID-19 is caused by a new virus. There is much to learn about the [transmissibility, severity, and other features of the disease](#). Everyone can do their part to help plan, prepare, and respond to this emerging public health threat.

Testing

Individuals are encouraged to get tested for COVID-19, if clinically indicated from CDC [guidelines](#):

- When having the following symptom(s):



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- Difficulty breathing or shortness of breath
- Fever (100.4° F/38° C or higher)
- Cough
- Within 14 days of symptom onset had close contact with a suspected or confirmed COVID-19 patient.
- Within 14 days of symptom onset, traveled to a country or region with an outbreak of COVID-19.

If you are not experiencing one or more of these symptoms or conditions, you may not get tested.

Symptoms and precautions should be discussed with clinicians and testing sites via phone *prior to arrival*, to screen for eligibility.

Concerned citizens should use the CDC's Coronavirus Self-Checker application. This will screen for the appropriateness of COVID-19 testing prior to contacting testing sites and requesting non-urgent medical services. Available at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>.

Emergency Symptoms

Emergency symptoms of COVID-19 include, but are not limited to:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

Precautions and symptoms should be discussed with emergency first responders. If possible, emergency rooms should be notified prior to arrival.

Emergency room services should only be utilized in emergencies. If you are not experiencing a medical or behavioral health emergency, please utilize your primary care doctor's office, urgent care clinics, or walk-in medical services. If you are having COVID-19 symptoms, please contact the appropriate medical office prior to arrival so proper precautions can be made, or go to a local testing site.

Locations

St. Luke's

Most St. Luke's testing sites are drive-in services, where patients will stay in their cars for screening, registration, and specimen collection. The McCall location is by appointment only. Testing and



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availability changes on an hourly basis. Community members are encouraged to review the St. Luke's [website](#) or call the St Luke's hotline at 208-381-9500 if they need to be screened or tested.

St. Luke's Testing Sites <i>St Luke's Hotline at 208-381-9500</i>				
Status	Location	Facility	Address	Hours
Open	Wood River	St. Luke's Wood River Hospital	100 Hospital Drive, Ketchum, ID 83340	Monday to Sunday 10:00 am - 4:00 pm ER open for urgent cases
Open	Meridian	St. Luke's Meridian Hospital	520 S. Eagle Rd, Meridian, ID 83642	Monday to Sunday 10:00am – 6:00 pm
Open	Boise	St. Luke's Plaza Campus building North side	800 E. Park Blvd, Boise, ID 83712	Monday to Sunday 10:00 am – 6:00 pm
Appointment Only	McCall	St. Luke's Payette Lakes Medical Clinic Enter parking lot through Forest Street. East driveway adjacent to the hospital will be entrance, and west driveway, adjacent to the clinic, will be the exit.	211 Forest St, McCall, ID 83638	<i>Appointment Only</i> Call to speak to a nurse at 208-634-1776. All cases will be screened over the phone. If eligible for testing, nurse will schedule appointment.
Open	Twin Falls	St. Luke's Magic Valley Medical Center Coming off Parkview Drive, take a left into parking lot. Loop around the Surgery Center on Pole Line Rd W Drive. Tents will be on the corner.	801 Pole Line Rd W, Twin Falls, ID 83301	Monday to Sunday 10:00 am – 6:00 pm
Updated 03/26/2020				

St. Alphonsus

St. Alphonsus testing sites are drive-in services, where patients will stay in their cars for screening, registration, and specimen collection. Community members are encouraged to call the St. Alphonsus hotline at 208-302-2683, to answer questions on symptoms, screening locations, prevention and risk factors.



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St. Alphonsus Testing Sites				
<i>St. Alphonsus Hotline at 208-302-2683</i>				
Status	Location	Facility	Address	Hours
Open	Meridian	St. Alphonsus Meridian Health Plaza	3025 W Cherry Lane, Meridian, ID 83646	Everyday 8:00am to 8:00pm
<i>Updated 03/26/2020</i>				

Salzter Medical

Salzter Medical testing sites are drive-in services, where patients will stay in their cars for screening, registration, and specimen collection. Community members are encouraged to call the Salzter Medical hotline at 208-463-3000, press 7, to speak to a nurse if they need to be screened or tested.

Salzter Medical Testing Sites				
<i>Salzter Hotline at 208-463-3000, press 7</i>				
Status	Location	Facility	Address	Hours
Open	Nampa	Saltzer Health Urgent Care	9850 W. St. Luke's Drive, Nampa, ID 83687	Monday to Sunday 8:00am - 8:00pm
Open	Nampa	Saltzer Health Urgent Care South entrance	215 E. Hawaii Avenue, Nampa, ID 83686	Monday to Sunday 8:00am - 8:00pm
<i>Updated 03/26/2020</i>				

Resources

[CDH Coronavirus Monitoring](#)

[IDHW Resources for the Novel Coronavirus](#)

[Environmental Cleaning & Disinfection Recommendations](#)

[How & When to Wash Your Hands](#)

[Higher Risk Populations](#)

[Printable Resources](#)



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CDH Call Center (208-321-2222 M-F 8:30-4:30)

Sources:

CDC, Coronavirus Disease 2019 (COVID-19), <https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>

CDC, Information for Healthcare Professionals, <https://www.cdc.gov/coronavirus/2019-ncov/hcp/index.html>

CDC, Symptoms and Testing, <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>

Saltzer Health, Coronavirus (COVID-19), <https://saltzerhealth.com/coronavirus/>

St. Alphonsus, Coronavirus Disease 2019 (COVID-19), <https://www.saintalphonsus.org/news/coronavirus>

St Luke's COVID-19 (novel coronavirus) recommendations and resources for patients, <https://www.stlukesonline.org/communities-and-locations/facilities/clinics/~link.aspx?id=B8280BED5407459FA2165180D0F542E>